

NORTHERN CALIFORNIA STUDY ABROAD CONSORTIUM

NEWSLETTER

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Florence, Italy
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EVENTS FROM WEEK 4

THIS PAST WEEK...

Students this past week were busy with Italian Life and Culture events, academic visits, classes and so much more! Enjoying a trip to the market with professional chefs followed by a cooking class and then enjoying the meal was a great way to start the weekend. Along with an exciting soccer match with the Fiorentina team against Lecce. Please see below to read about the past week!



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ILC FOOD CULTURE LECTURE

Tuesday, students listened to a lecture on food culture in Italy by Emily Moloney. Specifically learning about Italian cuisine, regional dishes and what makes the Mediterranean diet not only delicious and healthy but also recognized by UNESCO.

Studying Italian cuisine allows students to deeply engage with the country's culture, history, and traditions.



HOME FACULTY MEETINGS

Thursday, students had the opportunity to meet with their home university professors. Each section had the chance to discuss the program thus far and their experience with in and out of the classroom as a group. This is a nice time for students to connect directly with the other students and the faculty from their home institution and get to know each other a bit better.

MARKET + COOKING CLASS

Friday and Saturday, students had their ILC activity which included a market visit in the morning, followed by a cooking class with the ingredients purchased at the market, ending by of course enjoying the meal they had prepared. Professional Chefs from Chefactory were guiding the students through the market and then were the Chefs at the school, teaching them how to cook. Students found fresh tomatoes to make bruschetta for the appetizer, fresh vegetables like mushrooms, onions, carrots and celery to make a vegetarian ragu with fettucini pasta. They also purchased chicken to make a chicken marsala second dish. Their meal ended with panna cotta, a milky, jello-like chocolate dessert from Northern Italy. Students were also able to try a few samples at the market including truffle oil and honey, pistacchio cream and Italian biscuits called Cantucci. What a great way to start the weekend!



EUROPEAN UNION HISTORICAL ARCHIEVES LECTURE

Friday, Students from the English 100 class listened to a lecture in the AIFS Study Center by Dr. Federica di Sarcina on the European Union Institutions and history. They then visited the European Union Historical Archives in Fiesole at the European University Institute. All were given a close look by the archivist at some documents relevant to European migration. After visiting the premises they were given free-time to explore the surrounding areas of Fiesole, the hills surrounding Florence.



FIorentina VS LECCE

Friday evening, some students joined AIFS staff to the soccer match in Florence. The Fiorentina played hard against Lecce and ended the game with a win, 1-0. Students always enjoy this event as you get to witness a bit of Italian soccer culture that you often here about, especially here in Florence.

MORE TO COME THIS WEEK...

NCSAC students this week will have the opportunity on Tuesday to listen to the ILC lecture on A Brief History since the Unification. Followed by their activity on Thursday which will be a walking tour of Florence, focused on facism. We have an optional trip to Venice this weekend, where many of our students will join AIFS staff for 3 days in Venice.

Students are quite busy with classes, activities and thier own personal lives. This time of year is always busy for students, as they are trying to wrap everything up before spring break in just a couple of weeks! Stay tuned--

